

EF-250 LEG THERAPY MACHINE



The Ex N' Flex EF-250 Leg Machine has been designed for those who have little or no control over lower body movement.

The EF-250 is very compact, lightweight and easily moveable with specially designed wheels and lockdowns.

The highly accessible control panel offers easy operation, a bio feedback indicator, forward and reverse directions, timer and three speed levels for passive or active training.

The EF-250 is height adjustable to allow use from any chair or wheelchair. Security is assured with specially designed footplates and an automatic safety shutdown.

The patented bio feedback indicator provides you with a measurement of the amount of active work being done, as well as measuring the amount of resistance caused by inflexible or contracted limbs.

ACTIVE MODE

This mode allows you to assist the motor by moving the foot pedals using your strength. This builds and maintains strength and improves circulation.

INCREASES

- Strength and Endurance
- Flexibility
- Circulation
- Energy
- Cardiovascular Efficiency
- Coordination



DECREASES

- Spasms and Stiffness
- Edema

PASSIVE MODE

Limbs are rotated by the electrical motor in an orbital motion similar to cycling. This provides daily range of motion and helps prevent atrophy of joints, muscles, tendons and ligaments.

Potential Benefits:

- Maintains Flexibility
- Relief of Joint Pain and Stiffness
- Increases Circulation
- Increases Bowel and Bladder

Function and Control

- Decreases Spasticity
- Decreases Edema



SPECIFICATIONS

- Speed - 10 to 28 rpm
- 3 Rotation Speeds
- Forward and Reverse
- Patented BioFeedback Display
- Trip and Total Distance
- Exercise Timer
- Automatic Safety Shutdown
- Long Life Motor
- Canada and U.S. Class 1 Medical Device
- Height - 18" adjustable to 31"
- Length - 22" / Width - 16"
- Weight - 30lbs / 14 kg
- Power: 110 or 220 VAC

